

**Procedures for Obtaining a Respirator Medical Exam and Fit Test  
Painters Union Management Partnership (PUMP) Program**

**Step 1 – Medical Evaluation**

You must have had a respirator medical evaluation within the last three years. If you already have a current medical evaluation on file at the Training Center, skip to Step 2.

If you haven't had a medical evaluation with an Occupational Health clinic within the last three years, you or your employer will need to request a voucher from the Training Center and then schedule an appointment. If you fail to show up for a scheduled appointment, you will be charged \$50. This program is paid for by the PUMP Program.

Providence 8:00 am – 5:00 pm (M-F)  
Phone: 503-216-7960

<b>Portland - Tanasborne</b> 1881 NW 185 <sup>th</sup> , Suite 204 Aloha, OR 97006	<b>Portland - Northwest</b> 1750 NW Naito Parkway, Suite 100 Portland, OR 97209
<b>Portland - Clackamas</b> 9290 SE Sunnybrook Blvd., Suite 210 Clackamas, OR 97015	<b>Medford</b> 1390 Biddle Rd., Suite 101 Medford, OR 97504

Concentra 8:00 am – 5:00 pm (M-F)  
Phone: 877-442-6674

<b>Portland – Swan Island Clinic</b> 3449 N Anchor St., Ste 300A Portland, OR 97217	<b>Portland – Airport Clinic</b> 12518 NE Airport Way, Ste 110 Portland, OR 97230
<b>Lake Oswego</b> 6405 SW Rosewood Ste B Lake Oswego, OR 97035	<b>Tanasborne</b> 2225 Town Center Dr. Beaverton, OR 97006

Cascade Health Solutions 7:15 am – 7:00 pm (M-F)  
Phone: 541-228-3100

**Eugene**  
2650 Suzanne Way, Suite 200  
Eugene, OR 97408

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When the medical evaluation is complete, you will be given a Respirator Medical Certification letter explaining respirator limitations, if any. ***Make sure to bring this with you to the fit test appointment! Make a copy for your employer!***

**Step 2 – Respirator Fit Test**

Call the Regional Training Center and schedule a respirator training session and fit test. To schedule an appointment, phone 503-287-4856. Bring your Medical Certification letter with you or you will have to reschedule the fit test. The training session is a user-friendly computer program developed by the Oregon Health Sciences University and takes about one hour to complete.

When you have finished the computer training, you will be given a Fit Test. If this is your first fit test, a respirator will be issued to you. If you are returning for the annual training and fit test, bring your respirator with you.